

Leyland Barracudas – Notice for Parents and Swimmers (Apr/May 18)

Please read below important information for upcoming events/changes to training

Event	Where & When	Who does it affect	Notice
Senior B	Sat 14 th April Darwen Leisure Centre, BB3 1PW 2:00pm warm-up	All selected Senior B swimmers.	Please watch out for the notice board for team selection.
Senior A	Sat 14 th April Darwen Leisure Centre, BB3 1PW 4:30pm warm-up	All selected Senior A swimmers.	Please watch out for the notice board for team selection.
Micro league B-Team *Team Event*	Sunday 15 th April Knowsley Leisure & Culture Park, L36 6EG. Bus leaves at 12:00. Warm up 1:45pm.	Swimmers age 9-12 as at 30/11/2018	Please watch the notice board for team selection and confirmation of bus time. Please watch out for the notice board for team selection. Kit checks will take place the Thursday prior at Tarleton. Jammers, hat, goggles, t-shirt plus spares.
50m Training	Manchester Aquatic Centre Sat 21st April 12pm – 2pm Sat 9th June 10:00am – 12:00pm	Green 5,6,7 and Swimmers with County times	50m training in the downstairs pool in Manchester has been confirmed for: <ul style="list-style-type: none"> Green 5,6,7 swimmers plus all other swimmers with County times <p>Training changes at Leyland Big pool – 5-6pm for swimmers who normally swim 5:30-6:30pm only Small pool – 4-5pm Blue 1 and 5-6pm Pre-comp 1T</p>
North West Region Summer Championships *External Meet*	Session 1 – Sat 28 th April - Manchester Aquatic Centre. Session 2 – Sun 29 th April. Manchester Aquatic Centre	Swimmers aged 11 years or over who have submitted and have qualifying times.	Licensed 50m long course meet. The Championship will be swum over 3 weekends, totalling 6 sessions over the Saturday & Sundays. Further info regarding session start times will be available nearer the event time. Training changes at Leyland for Sat28th April. Big pool – 5-6pm for swimmers who normally swim 5:30-6:30pm only Small pool – 4-5pm Blue 1 and 5-6pm Pre-comp 1T
Distance Gala *Internal Meet* Session 1	Sat 5 th May Leyland Warm up 3:30pm.	Swimmers aged 9 and over on 31/12/18.	This gala is licensed at Level 4. Entry fee is £3 per race entry, all entries should be submitted via the electronic entry system. Closing date for entries and fees is Sunday 22nd April at 6pm.
Distance Gala *Internal Meet* Session 2	Sun 6 th May Leyland Warm up 3:00pm.	Swimmers aged 9 and over on 31/12/18.	This gala is licensed at Level 4. Entry fee is £3 per race entry, all entries should be submitted via the electronic entry system. Closing date for entries and fees is Sunday 22nd April at 6pm.
Micro League A-Team	Sat 12 th May. Westview Leisure Centre, PR1 5EP. Warm up 5:00pm	Swimmers age 9-12 as at 30/11/2018	Please watch the notice board for Team selection. All swimmers should meet at Westview Leisure Centre at 4:30pm. There is no team bus for this event due to it being local. Kit checks will take place the Thursday prior at Tarleton. Jammers, hat, goggles, t-shirt plus spares.

North West Region Summer Championships *External Meet*	Session 3 Sat 19 th May. Liverpool Wavertree Sports Park Session 4 Sun 20 th May Liverpool, Wavertree Sports Park.	Swimmers aged 11 years or over who have submitted and have qualifying times.	Licensed 50m long course meet. The Championship will be swum over 3 weekends, totalling 6 sessions over the Saturday & Sundays. Further info regarding session start times will be available nearer the event time. <i>Training changes at Leyland for Saturday 19th May.</i> <i>Big pool – 5-6pm for swimmers who normally swim 5:30-6:30pm only</i> <i>Small pool – 4-5pm Blue 1 and 5-6pm Pre-comp 1T</i>
North West Region Summer Championships *External Meet*	Session 5 Sat 26 th May Manchester Aquatic Centre. Session 6 Sun 27 th May Manchester Aquatic Centre.	Swimmers aged 11 years or over who have submitted and have qualifying times.	Licensed 50m long course meet. The Championship will be swum over 3 weekends, totalling 6 sessions over the Saturday & Sundays. Further info regarding session start times will be available nearer the event time. <i>Training changes at Leyland for Saturday 19th May.</i> <i>Big pool – 5-6pm for swimmers who normally swim 5:30-6:30pm only</i> <i>Small pool – 4-5pm Blue 1 and 5-6pm Pre-comp 1T</i>
Upcoming Team Events - Please note the following dates and watch the notice board for team sheets nearer the time...			
Senior A	Sat 2 nd June Palatine Leisure Centre, FY4 2AP. Warm up 3:30pm	All selected Senior A swimmers.	Please watch out for the notice board for team selection.
Senior B	Sat 2 nd June Palatine Leisure Centre, FY4 2AP. Warm up 1:00pm	All selected Senior B swimmers.	Please watch out for the notice board for team selection.
Micro League A-Team	Remaining matches	Swimmers aged 9-12 as at 31/11/2018.	Please make a note of the remaining A-team matches: <ul style="list-style-type: none"> • Saturday 12th May – Westview – 4:30pm meet. • Sunday 3rd June – Knowsley 11:30am. • Sunday 17th June – Palatine Leisure Centre – 4:15pm.
Micro League B-Team	Remaining matches	Swimmers aged 9-12 as at 31/11/2018.	Please make a note of the remaining B-team matches: <ul style="list-style-type: none"> • Sunday 15th April – Knowsley – Bus leaves at 12pm. • Sunday 3rd June – Fleetwood – 5pm. • Saturday 7th July – Leyland home. 3:30pm.
Small Pool Assessments	W/C 4 th June Leyland	All small pool swimmers	All the below assessments will take place at Leyland. <ul style="list-style-type: none"> • Monday 4th June – Pre Comp 1T • Wed 6th June – Blue 1 • Sun 10th June – Pre Comp 2 – 3:00 – 4:00pm • Sun 10th June – Pre Comp 2T – 4:00 – 5:00pm • Sun 10th June – Pre Comp 1 – 5:00 – 6:00pm Movements will be Monday 9 th July.
Time Trials	Tuesday 19 th June Leyland	All swimmers – Blue, White, Green, Masters	Details to be confirmed nearer the time. Movements will be Monday 9 th July. All swimmers will be expected to attend their time trial.
North Lancs Level 3 *External*	14 th & 15 th July. Palatine Leisure Centre, FY4 2AP.		Licensed Level 3 meet. Further details nearer the time, including consideration times.

Training changes & Cancellations

- Saturday 21st April – Large Pool 5-6pm for swimmers who normally swim 5:30-6:30pm only for those swimmers who have not attended the Manchester 50m training.
- Saturday 21st April – Blue 1 is 4:00pm – 5:00pm.
- Saturday 21st April – Pre Comp 1T is 5:00pm – 6:00pm.
- Saturday 28th April - Large pool – 5-6pm for swimmers who normally swim 5:30-6:30pm only. Small pool – 4-5pm Blue 1 and 5-6pm Pre-comp 1T.
- Saturday 5th & Sunday 6th May – All training cancelled due to Distance Gala.
- Monday 7th May – May Bank holiday – All training cancelled.
- Saturday 19th May - Large pool – 5-6pm for swimmers who normally swim 5:30-6:30pm only. Small pool – 4-5pm Blue 1 and 5-6pm Pre-comp 1T.
- Sunday 20th May – Morning training cancelled.
- Monday 21st May – Morning training cancelled.
- Saturday 26th May - Large pool – 5-6pm for swimmers who normally swim 5:30-6:30pm only. Small pool – 4-5pm Blue 1 and 5-6pm Pre-comp 1T.
- Sunday 27th May – Morning training cancelled.
- Monday 28th May – Spring bank holiday – All training cancelled.

Land Training for Green 6 and 7 Groups

- Now changed to Thursday mornings 6:15 – 7:15am.
- Spinning remains on Saturdays with Mark S at 5:45pm.

Additional Notes for Parents and Helpers

If you have any general queries regarding the club, galas, session times etc. please use the following sources of information:

- Club website should be the first stop for full details of all events listed in the above notice – <http://www.lbasc.org.uk>
- Notice boards at Leyland (downstairs and upstairs)
- Committee members – a full list of members can be found on the club website
- Twitter – The club has an official Twitter feed and use this to post important information including details regarding upcoming events and any last minute changes to training – [Follow@LBarracudas](#)

Parent Liaison Officers

In addition to the above general sources of information we also have two Parent liaison officers in the club. These are Emma Cairns and Wendy Buchanan (often found at Leyland or Tarleton pools). The parent liaison officers should be the first port of call for any specific queries regarding training, groups and competitions

If you need an answer to a question and cannot find Emma or Wendy please email your query to the following address and one of them will get back to you as quickly as possible: ask.group@lbasc.org.uk – For example if your child swims in blue1 you should email ask.blue1@lbasc.org.uk

and finally.....

The club relies on the goodwill of volunteers to run coaching sessions, galas and team events. We are always in need of additional help. If you would like to volunteer to help on poolside in any capacity please contact any member of the committee.