

Leyland Barracudas – Notice for Parents and Swimmers

(November/December 18)

Please read below important information for upcoming events/changes to training

Event	Where & When	Who does it affect	Notice
50m Training	Saturday 3 rd November 10am – 12pm Liverpool, Wavertree	Green 7,6,5,4 White 5, 4	Only 2 lanes have been booked for this session. Swimmers in Green 7, 6, 5, 4 and White 5, 4 should attend. Swimmers who normally swim 3:30pm – 5pm should attend Leyland at 4:30pm – 5:30pm only. Small pool training unaffected.
SENW Winter Regional Championships	Saturday & Sunday 3 rd /4 th November. Manchester Aquatics Centre	Swimmers who are eligible.	Swimmers with qualifying times will have been contacted directly.
Small Pool Assessments	Monday 5 th November Leyland Leisure Centre.	Pre Comp 1T Pre Comp 1	Pre Comp 1T at 7pm – 8pm Pre Comp 1 at 8pm – 9pm
Time Trial Assessments	Wednesday 7 th November 6pm – 7pm Tarleton Pool	Blue 1	All Blue 1 swimmers to attend Tarleton Pool for Time Trial assessment.
Arena League A TEAM	Saturday 10 th November Report time: 2:15pm Venue: Macclesfield	11/under 13/under 15/under Open	Report time: 2:15pm at Leyland Leisure Centre. All details have been sent via Swim Manager. £4 bus fare for swimmers & £2 for non-swimmers.
Arena League B TEAM	Saturday 10 th November Report time: 3:30pm Venue: Darwen, BB3 1PW	11/under 13/under 15/under Open	Report time: 3:30pm at Leyland Leisure Centre. All details have been sent via Swim Manager. £4 bus fare for swimmers and £2 for non-swimmers.
Small Pool Assessments	Sunday 11 th November Leyland Leisure Centre	Pre Comp 2 Pre Comp 2T	Pre Comp 2 at 3pm – 4pm. Pre Comp 2T at 4pm – 5pm.
Club Championships (session 1)	Saturday 17 th November Warm up 3:30pm Leyland Leisure Centre	Swimmers aged 7,8 & 9 only	This session is for the heats for: <ul style="list-style-type: none"> All 25m events – 7,8,9 year olds 13/Under 100IM – 7,8,9 years olds All swimmers should bring a drink and t-shirt for when not racing. Further details for entry will be available nearer the time. All normal training cancelled on this date.
Upcoming Team Events - Please note the following dates and watch the notice board for team sheets nearer the time...			

Time Trials	Sunday 18 th November 3:30pm Leyland	Swimmers aged 8 & 9 years old.	This is not the standard training Time Trials. This provides an opportunity for 8 & 9 year old swimmers to achieve a time in 50m for all 4 strokes. Age as at 31/12/18. All swimmers in this age group are encouraged to attend. All training cancelled from 3pm. Morning training as normal.
Club Championships (Heats & Finals)	Saturday 24 th November Leyland Leisure Centre	All swimmers	Heats begin at 12:00 noon Finals from 5:00 pm Further details for entry will be available nearer the time.
Club Championships (Heats & Finals)	Sunday 25 th November Leyland Leisure Centre	All swimmers	Heats begin at 10:30am Finals from 4:00 pm Further details for entry will be available nearer the time.
Time Trials	Tuesday 27 th November Leyland Leisure Centre	All swimmers	Further details nearer the time, which will include which session your swimmer should attend.
Upcoming Team Events - Please note the following dates and watch the notice board for team sheets nearer the time...			
50m Training	Saturday 1st December 10am – 12pm Liverpool, Wavertree	Green 7,6,5,4 White 5, 4	Only 2 lanes have been booked for this session. Swimmers in Green 7, 6, 5, 4 and White 5, 4 should attend. Swimmers who normally swim 3:30pm – 5pm should attend Leyland at 4:30pm – 5:30pm only. Small pool training unaffected.
Arena League A TEAM	Saturday 8 th December Venue TBC	11/under 13/under 15/under Open	More details to follow nearer the time.
Arena League B TEAM	Saturday 8 th December Venue TBC	11/under 13/under 15/under Open	More details to follow nearer the time.
New Movements begin	Monday 10 th December 2018 All pools	All swimmers	New movements will begin following the November Time Trials.
Leeds Christmas Crackers	Saturday 15 th & Sunday 16 th December. John Charles Centre for Sport, Leeds. All day events	Level 3 open meet	All details online under Competitions. Closing date is Sunday 4 th November.

Training changes & Cancellations

- Saturday 3rd November – 3:30pm session is changed to 4:30pm (1hour) for Green 3, White 3, Blue 3 & Blue 4.
- Sunday 4th November – training TBC due to SENW Regionals. Please check Swim Manager emails.
- Sunday 11th November – Morning training cancelled due to Arena match.

- Saturday 17th November – All training cancelled due to younger Club Champs heats.
- Sunday 18th November – All training cancelled from 3pm. Morning training as normal.
- Sunday 25th November – Morning training cancelled.
- Saturday 1st December - 3:30pm session is changed to 4:30pm (1hour) for Green 3, White 3, Blue 3 & Blue 4.
- Wednesday 5th December – All training, at all pools cancelled due to AGM.
- Sunday 9th December – Morning training cancelled due to Arena match.
- 10th December – Training movements commence.
- Thursday 13th December – Christmas shut down commences

Land Training for Green 6 and 7 Groups

- Monday mornings 6:15 – 7:15am.

Additional Notes for Parents and Helpers

If you have any general queries regarding the club, galas, session times etc. please use the following sources of information:

- Club website – <http://www.lbasc.org.uk>
- Notice boards at Leyland (downstairs and upstairs)
- Committee members – a full list of members can be found on the club website
- Twitter – details regarding last minute changes to training – [Follow@LBarracudas](#)

Parent Liaison Officers

In addition to the above general sources of information we also have four Parent liaison officers in the club, they are often found at Leyland and Tarleton Pools.

The parent liaison officers should be the first port of call for any specific queries regarding training, groups and competitions. In the first instance please try and speak with the PLO's face-to-face, they are volunteers, so a text reply or phone call may not often be convenient during a working day.

Contact details are:

- Wendy Buchanan – 07734 064095
- Lisa Robinson – Competition Secretary – 07988 907639 – lisarobinson2226@gmail.com
- Kim Littler – 07795 473111
- Emma Cairns – TBC

If you need an answer to a question and cannot find a PLO please email your query to the following address and one of them will get back to you as quickly as possible: ask.group@lbasc.org.uk – For example if your child swims in blue1 you should email ask.blue1@lbasc.org.uk

and finally.....

The club relies on the goodwill of volunteers to run coaching sessions, galas and team events. We are always in need of additional help. If you would like to volunteer to help on poolside in any capacity please contact any member of the committee.